

# • Chuckanut Foot Race 2020 •

7 Mile Do It Yourself Race & Virtual Run

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Date:

Elapsed Time:

DIY  Virtual



Instructions for Printable Bib:

(Bib not required to participate)

1. Print and cut out bib
2. Apply packing tape to top corners for reinforcing pin dot holes if you plan to wear it on the run.
3. Write in your own favorite number or use the space for a creative hashtag to describe your run!
4. Write the date you ran the 7 miles and the time you took for your run.
5. Check off whether you completed the DIY or Virtual Run.
6. Take a photo of your bib to share on social media and tag @gbrc1976